CHAPTER 1 WORKSHEET
THE ATHLETIC TRAINER AND
THE SPORTS MEDICINE TEAM

MATCHING: Match the following organizations with their purposes.

1. BOC
2. CAAHEP
3. NATA
4. APTA

A. AMA committee responsible for the accreditation process
B. Responsible for certification of athletic trainers
C. Established professional athletic training standards
D. The governing body for physical therapy

MATCHING: Match the following individuals and their duties.

5. Team Physician
6. Athletic Trainer
7. Equipment Manager
8. Coach
9. Player

A. Ensures the quality of sports equipment
B. Make the final decision on return to play
C. Purchases equipment
D. Makes the competitive environment safe
E. Understand and assumes the risk involved in sports

SHORT ANSWER: Answer the following questions with a brief response.

10. Briefly describe the professional relationship between the athletic trainer and the team physician.

11. How many hours are required of a student seeking certification as an athletic trainer if he or she goes through the internship route of the NATA?

12. What is the publication distributed by the sports section of the American Physical Therapy Association?

13. Name the three members of the sports medicine team who must work closely together.

14. Whose responsibility is it to ensure that all athletes are covered by a good, reliable insurance company?

15. How can a person become an NATA-certified athletic trainer?

16. What is the primary responsibility of an athletic trainer?

17. Define burnout and describe how it may happen in athletic training.
LISTING: List and briefly describe the roles and function of an athletic trainer.
18.
19.
20.
21.
22.
23.

What are the four types of regulation used to control the practice of athletic training?
24.
25.
26.
27.

ESSAY

28-31. Discuss employment opportunities for a certified athletic trainer.

32-35. What are some personal qualities that athletic trainers should have if they are to be successful at their job?

36-39. How and when did the NATA begin and why is it a crucial organization in our profession?

PERSONAL ASSESSMENT

40-44. As the responsible athletic trainer, who are some of the support personnel you would contact if your starting player had just been injured and had a possible fractured jaw?

45-50. As an athletic trainer you have just received a job in a new state. What are some of the considerations that need to be addressed in this new job and how should you determine if you are eligible to practice in that state.