

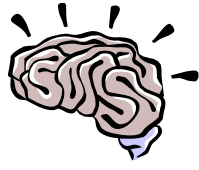
Intelligence

**Determine your types of intelligence
and use them to your advantage!**

Different Categories of Intelligence (Gardner)

- Linguistic (Word smart)
 - Ability to use words easily
 - People such as writers, poets, and speakers are high in this type of intelligence
- Logical (Math smart)
 - The capacity to analyze problems logically
 - Associated with intelligence in math and science
- Spatial (Picture smart)
 - People who excel at art, some math, or just being able to find your car in the parking lot
- Kinesthetic (Body smart)
 - People who are natural athletes
 - Examples include, dancers, gymnasts, or football players
- Musical (Music smart)
 - Involves skill in the composition, performance and appreciation of music
 - The high school offers choir, band and beginning guitar classes, among others.
- Interpersonal (People smart)
 - Includes the ability to understand and work effectively with others
 - Educators, counselors and political leaders are often high in this
- Intrapersonal (Self smart)
 - Requires the capacity to understand oneself





How to use your intelligences successfully

Word Smart?

- Take notes in class to help remember facts and study with ease
- Career options: Public speakers, journalists

Math Smart?

- Participate in experiments
- Ask a lot of questions and logically work your way through problems
- Career options: Mathematicians, scientists

Picture Smart?

- Utilize maps and charts
- Use pictures to visualize and remember information
- Career options: Architects, painters

Body Smart?

- Make models: dramatize events
- Interact with the space around you to remember and process information
- Career options: Athletes, surgeons

Music Smart?

- Listen to music while studying- research has proven this effective in enhancing recall (Eich)
- Career options: Musicians, movie producers

People Smart?

- Participate in group discussions
- Career options: Teachers, social workers

Self Smart?

- Believe that you can succeed in the classroom and elsewhere; it will help
- Career options: Psychologists, philosophers